

El Gouna Marathon Association
c/o FESK SWISS GmbH
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www.elgouna-marathon.com



1st International Marathon in El Gouna, Red Sea, Egypt

Dates: 2nd and 3rd December 2008
Place: El Gouna, Red Sea, Egypt
Races: 5 and 10 Km, half marathon and full marathon
Total Runners: 433
All Prizes in total: 40`000USD

Under the Patronage of the first Lady of Egypt, Mrs. Susanne Mubarak, in the beautiful holiday city El Gouna started on the 2nd and the 3rd of December the first international Marathon in Egypt and Africa as well as 3 other races (5k, 10k, and Half marathon) where the Runners Time have been measured with the modernest technical equipments. A very nice race distance, mixed of Desert, gardens, streets, bridges, lakes, Sea, living areas where houses and hotels are situated as well as a large numbers of shops and small markets. The race distance has been ¼ Marathon

This means for the half marathon the runners had to do the race distance 2 times and for the Marathon 4 times. A group of journalists of Europe and Egypt as well as the Egyptian TV, Nile TV, came to cover this event.

Early in the morning, around 07:00 was the start of the 4 races with runners from 12 countries. On the 2nd of December there were the 5k and 10k. Participants of Egypt included also school children and students who gave the event a special taste and hope for the future. The runners of Kenya, as every where in many marathons, won the first places in both races.

<u>5Km Women:</u>	1. Biwott Emmily	00:23:34,4	(Kenya)
	2. Saad Heba	00:24:27,0	(Egypt)



3. Adel Gehad 00:24:30,5 (Egypt)

5Km Men:

1. Tororei Henri 00:18:59,2 (Kenya)

2. Abo Srea Mohamed 00:19:24,1 (Egypt)

3. Rabiha Mohamed 00:19:48,3 (Egypt)

10Km Women:

1. Kiprono Priska 00:40:17,9 (Kenya)

2. Goncharenko Olha 00:40:54,9 (UKR)

3. El Zamley Ayah 00:41:50,4 (Egypt)

10Km Men:

1. Tuei Hosea 00:32:27,4 (Kenya)

2. Zachepa Serhiy 00:33:14,0 (UKR)

3. Alamad Hassan 00:33:20,3 (Egypt)

On the 3rd of December were the 2 main races, half marathon and full marathon. The marathon for the women could not be done due to few participants. Here are the winners of half marathon and Marathon for men:

½ marathon Women:

1. Biwott Emmily 01:17:07,9 (Kenya)

2. Kiprono Priska 01:19:01,5 (Kenya)

3. Ruban Yuliya 01:20:44,2 (UKR)

½ marathon Men:

1. Tuei Hosea 01:06:29,5 (Kenya)

2. Tororei Henry 01:06:45,3 (Kenya)

3. Too S.Tarus 01:06:52,4 (Kenya)

Marathon Men:

1. Chepkwony R. 02:21:37,2 (Kenya)

2. Remshchuk Vasil 02:22:00,9 (UKR)

3. Pkokor Wilson 02:25:24,3 (Kenya)

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The technical part has been done mainly through the Swiss team and has been very good assisted through the Egyptian team. The streets were prepared and divided for the runners and the cars. The technical part on the streets showed in the first day some necessary corrections and controls which has been done and worked very well on the marathon day.

The medical care during the races was taken over by Swiss and Egyptian Doctors and nurses from the El Gouna hospital with 3 Ambulance cars along the race distance. All cases happened during the races have been very good managed and there has been no serious or dangerous injuries.

3 Food and drinks stands and additional 2 drinks stands have been distributed on the distance of the races. The food and drinks stands have been done and controlled through a Swiss Egyptian team and over 25 Students from the Hotel School in El Gouna. The runners got enough fluids, water, fruits and Powerbar gels and sticks.

During the marathon days, El Gouna was in her best dress as an international holiday city with many hotels, resorts, restaurants, shops, markets, different sport arts, nice places, beautiful gardens and magic lakes. All participants of the marathon and visitors were happy to be in El Gouna and promised to come again when it is called the second international marathon and races in El Gouna.

The international marathon in El Gouna is born, a new child in the marathon world, in Egypt and also in Africa. The birth of this child needed hard work of over 15 months. It is also the first international marathon on the map of the marathon World where people of two countries, Switzerland and Egypt, work together for over 3000 hours with thousands of emails and telephone calls and sms's to produce it.

My team from Switzerland, dealing with the technical part of the races, came many times to prepare the event and my team in Egypt, dealing with the streets and security, worked hard to produce this event for the first time in this area. The work of the two groups has been very successful. All runners, journalists and observers were pleased with the races and their performances.

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The marathon is also a solid sport- and cultural- bridge between two countries, two nations, between two cities El Gouna and Luzern, two groups and the actors who came from over 12 countries from 4 continents.

For me as President of the organisation committee and Race director I had the pleasure to work with my two groups, the Swiss and the Egyptian members and tasted how people are happy and highly motivated to work together.

An event can not be done without the sponsorship and the financial and personal support from many partners, our sponsor and partners for this event are:

- Orascom and El Gouna city.
- Egyptian tourist authority
- Fesk Swiss GmbH
- PowerBar, Switzerland
- Mövenpick El Gouna, Sheraton Hotel and El Gouna Hotels
- MakroArt, Switzerland
- The Egyptian federation for light sports
- Albis reisen
- Egypt Air and Air Berlin
- SIWA, Egypt
- Coca Cola, Egypt

For El Gouna marathon a highly motivated and well matching team is now existing and ready for the races in 2009. The time for the 2nd edition of El Gouna races will be on the 11th and 12th December 2009. In that marathon there will be a new Charity race and maybe also handicapped runners will also participate.

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I like to thank:

- All my team members in Egypt and Switzerland who worked very hard to produce such a nice marathon for the first time in El Gouna.
- All people who helped us in any way to produce this special event in El Gouna
- The Athletes and their managers for coming to El Gouna and making such good time records for the races.
- All our sponsors who supported us and give their help for the event.
- All persons who gave direct or indirect their hand to build up this premiere at the Red Sea.

We look forward to welcome all of you in the next year when the 2nd international Marathon races in El Gouna start.

Best Regards

Dr. Ahmed M. El Ashker

Race director

El Gouna Marathon

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